Stewed Pears and Tangerine Peel Recipe (Chinese)

Ingredients:

2 pears

1 tablespoon crushed rock sugar

1 cup water

pinch of dried tangerine peel

Method:

Soak and clean dried tangerine peel. Cut into shreds. Peel and core pears. Put into steaming pot. Add 1 cup of water and tangerine peel shreds. Cover and double boil for 1 hour. Add rock sugar. Then double boil for about 30-45 minutes. Serve.

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