Lotus Roots and Pork Ribs Soup Recipe

(Malaysian Recipe)

Ingredients: Serves 4

500g pork ribs

400g lotus roots

20g old ginger

2 liters water

50g dried squid

30g red dates

Seasoning:

some salt to taste

Method:

Chop pork ribs into small chunks, scald in boiling water briefly then remove and rinse before draining in a colander. Peel lotus roots before cutting into thick slices. Using a knife, flatten ginger. Pour water into a pot and bring to a boil. Put in all ingredients. Cook in low heat for $2\frac{1}{2}$ to 3 hours. Season with salt before serving.

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