Honey Chicken in Mango Sauce Recipe

(Malaysian Recipe)

Ingredients: Serves 4

2 chicken whole legs, de-boned

3 tablespoon corn flour

Seasoning:

2 tablespoons honey

1 tablespoon lemon juice

½ teaspoon salt

1 egg

Sauce:

150g mango flesh, blended into puree

100ml water

2 teaspoons sugar

Method:

Mix chicken whole legs with seasoning and marinate for an hour. Coat marinated chicken with corn flour. Heat up ½ cup of oil in a non-stick pan, pan-fry chicken whole legs until golden brown and cooked. Dish and drain the excess oil. Cut into pieces and arrange onto a serving platter. Bring the sauce to boil and pour over chicken. Serve immediately.

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