Fish Ball and Glass Noodle Soup Recipe

(Malaysian Recipes)

Ingredients:

675 ml water
24 ready-made fish balls
200 ml fish or anchovies stock
½ tablespoon light soy sauce
2 tablespoons preserved salted vegetable (tong chye)
1 teaspoon white pepper
75 g glass noodles or mung bean noodles (tang hoon), soaked in warm water until soft, about 10 to 15 minutes
2 scallions, trimmed and chopped for garnish sliced red chilies and light soy sauce, to serve

Method:

Bring water to the boil in a pot. Add fish balls and simmer gently for 3 minutes, then add stock, soy sauce, preserved salted vegetable and pepper and simmer for 3 minutes more. Place 2 to 3 tablespoons of glass noodles into each serving bowl and top up with 4 fish balls and soup. Garnish with scallions and serve with sliced red chilies and light soy sauce on the side.

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