

## Chinese Cabbages with Fish Meat Recipe

(Taiwanese Recipe)

**Ingredients:** Serves 4

3 nos. fish meat  
30g shredded ginger  
1 red chili (remove seeds and shred)  
300g Chinese cabbages (shredded)  
1 bowl (250ml) chicken broth

**Seasoning:**

½ teaspoon sesame oil  
1½ teaspoons oyster sauce  
½ teaspoon Shaoxing wine

**Method:**

Shallow-fry the fish meat with a bit of hot oil until fragrant. Dish up and remove the bone, and mash the fish meat into small pieces. Keep them aside. Heat up 2 tablespoons of oil to stir-fry the shredded ginger, add in shredded Chinese cabbages, stir-fry for a while. Then, place in mashed fish meat, stirring constantly until well-combined. Pour in chicken broth and seasoning, bring to a boil. Simmer over a medium heat until slightly dry. Dish up and serve.

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