Baked Fish with Black Bean Sauce Recipe

Ingredients: Serves 4

600g salmon fillet

- 2 tablespoons soy sauce
- 2 tablespoons cooking wine
- 1 teaspoon sugar
- 2 tablespoons fermented black beans
- 1 tablespoon minced ginger root
- 1 tablespoon minced garlic
- 2 tablespoons minced scallions
- 1 tablespoon minced chili pepper
- 1/4 cup canned chicken broth

Method:

Use whole fillet, or cut in four pieces. Line a baking pan with aluminum foil and grease the foil with 2 tablespoons oil. Put in the salmon, pour on the rest of the ingredients then wrap the fish with the aluminum foil. Pre-heat oven to 200°C and bake fish for 20 minutes or until done. Remove from foil and serve with rice and vegetables.

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