

Avocado Ice Recipe

(Ice Desserts Recipes)

Ingredients:

1 ripe avocado
2 tablespoons cold evaporated milk
2 teaspoons fine sugar
1 teaspoon lemon juice
1 red glace cherry

Method:

Peel and de-seed avocado, dice and sprinkle lemon juice over it to prevent discoloration. Put avocado into 1 or 2 glass dessert bowls; pour milk over the fruit and top each serving with a sprinkling of fine sugar and a glace cherry.

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